

Beef

Product	Pan Fry	BBQ	Grill	Stir Fry	Oven Roast	Slow Cook
Steak						
Eye fillet	*	*				
Rump		*	*			
Scotch Fillet		*	*			
T-Bone		*	*			
Porterhouse/Sirloin		*	*			
Beef Kebabs		*				
Topside Strips				*		
Round		*	*	*		
Oyster Blade		*	*			
Blade		*				*
Beef Wellington					*	
Fillet Mignon					*	
Pastry Pinwheels					*	
Schnitzel	*					
Roast						
Star Roast					*	
Topside					*	
Rolled					*	
Corned Meats						
Brisket					*	
Silverside					*	
Stewing						
Gravy						*
Osso Bucco						*
Skirt						*
Stewing/Diced						*
Mince						
Premium	*	*	*	*		
Regular	*	*	*	*		

Lamb

Product	Pan Fry	BBQ	Grill	Stir Fry	Oven Roast	Slow Cook
Chops						
Chump		*	*			
Loin		*	*			
Cutlets - plain		*	*			
Cutlets - crumbed	*					
Forequarter		*	*			
Backstrap	*				*	
Kebabs		*				
Roast						
Leg					*	
Butterfly Leg		*				
Rack					*	
Rolled Forequarter					*	
Stewing						
Diced						*
Curry						*

Pork

Product	Pan Fry	BBQ	Grill	Stir Fry	Oven Roast	Slow Cook
Chops						
Leg Steak		*	*			
Loin		*	*			
Medallion		*	*			
Spare Ribs			*		*	
Shoulder		*	*			
Fillets						
Fillets	*	*	*			
Scotch Fillet (collar)	*	*	*			
Roast						
Scotch (whole)					*	
Diced						*
Hand (fresh/pickled)					*	
Mince	*	*	*	*		
Bacon						
	*					

Poultry

Product	Pan Fry	BBQ	Grill	Stir Fry	Oven Roast	Slow Cook
Fillets						
Skinless Breast	*	*	*	*	*	
Thigh	*	*	*	*	*	
Strips	*	*	*	*		
Kiev (homemade)	*					
Schnitzel	*					
Marinated Steaks	*	*				
Pieces						
Maryland					*	
Drumsticks					*	
Wings - Tandoori/Honey Soy					*	
Kebabs	*	*	*			
Mince						
	*	*	*	*		
Roast						
Whole (fresh)					*	
Roll (fresh)					*	

Sausages

BBQ Sausages	Gourmet Sausages
Homemade Thin Sausages	Herb and Garlic
Homemade Thick Sausages	Worcestershire Sauce & Cracked Pepper
	Tomato and Onion
	Sweet Herb and Mustard